

texting & driving

Some call Driving While Texting the new DUI. Reading or writing a text (or e-mail) while driving slows down reaction time by 35% and impairs steering wheel control by 91%, making you 8-23 times more likely to be in an accident. Texters were not able to keep a safe distance from other cars and drifted out of their lane more often.



Five seconds to send a quick text is equal to the length of a football field when driving 55 mph. That's how long your eyes are off the road. And the average conversation lasts 3 minutes.

Texting while driving is illegal in at least 25 states. Penalties may include fines, points on your license, community service, and jail. In Utah, if you hurt or kill someone when texting while driving, it could cost you 15 years in jail and a \$10,000 fine.

don't risk it!

Using a cellphone while driving is dangerous to you, your passengers, other motorists, and pedestrians.

- Use the car OR your cellphone.
- Put your cellphone in the glove compartment before starting the car.
- If someone calls you, let them leave a message. Call them back when it is safe for you to pull over off the road.
- If you must make or answer a call, pull over to a safe area off of the road to do so.
- Have a passenger make or answer the call.
- Use a program or service that tells incoming callers that you are driving and to call back or leave a message.

Studies show that driving while talking on the phone is as bad as driving drunk.